

POV: Nest egg? Building. Retirement? Ready. You? Thriving.



2026 Teachers' Retirement System (TRS) Early to Mid-Career Retirement Seminars

- Treat retirement planning as self-care for your future!
- Learn about your pension and other benefits with the Retirement Systems of Alabama (RSA) and savings strategies through this free seminar.
- Sign up via Member Online Services under “Schedule.”
- Bring a coworker and plan together!



Questions? Call RSA Field
Services at 877.517.0020.

TRS
OF ALABAMA





Teachers' Retirement System

Early to Mid-Career Retirement Seminars



2026 Schedule

FEBRUARY

3	Huntsville
9	Gardendale
17	Opelika
24	Mobile

MARCH

3	Hollywood (Scottsboro)
10	Tuscaloosa
17	Enterprise
23	Spanish Fort
31	Florence

APRIL

7	Millbrook
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SEPTEMBER

8	Athens
15	Thomasville
29	Trussville

OCTOBER

6	Mobile
27	Oxford

NOVEMBER

17	Gadsden
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Scan QR Code to Log in to
Member Online Services and
Register under 'Schedule'

- These are **half-day seminars** (afternoon) at no charge to you.
- **Registration is required.** Click 'Member Log In' on the RSA website at www.rsa-al.gov, to log in to your account, and select a seminar date and location under the 'Schedule' tab **or** complete the registration form and mail to the address provided on the form. Registration forms are accepted by mail only. **No registration forms will be accepted by fax or by phone.**
- A spouse or guest is welcome to attend **with the member**. Please indicate so when registering.
- Once registered, you will receive a confirmation letter along with time and location details.

Questions?

Call: (877) 517-0020

**Ask for the
Field Services Division**



Early to Mid-Career Seminar Registration

Retirement Systems of Alabama
PO Box 302150, Montgomery, Alabama 36130-2150
877.517.0020 • 334.517.7000 • www.rsa-al.gov



Your SSN

Check One: TRS ERS

Member Information

Name _____
First Middle/Maiden Last

Address _____
Street or P.O. Box City State ZIP Code

Telephone Number _____ Email Address _____

Date of Birth _____ Sex Male Female PID(optional) _____

Employer Information

Employer _____
Agency Name

Number of years in the RSA _____

Seminar Information

Seminar Selection:

_____ Date Location

Will your spouse or guest be attending? Yes No

Name _____
Spouse/Guest Name

Signature

To be eligible to attend:

A member must be covered by the Retirement Systems of Alabama, under age 55 (Tier 1) or under age 57 (Tier 2), and not within 5 years of retirement eligibility.

Sign Here → Your Signature _____ Date _____

Mail registration form to:

Retirement Systems of Alabama
Field Services Division
P.O. Box 302150
Montgomery, AL 36130-2150

These are half-day seminars from 1:00 p.m. -4:00 p.m. Registration begins at 12:45 p.m.
A confirmation letter and directions to the seminar location will be mailed to registrants.

Questions? Please call 877.517.0020 or 334.517.7000 and ask for the Field Services Division.